



Clarington Recreational Hockey League



Coaches' Handbook 2022-2023





COACHES' HANDBOOK

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1.0 COACH'S REGULATIONS

- 1.1 The selection of coaches is the responsibility of the board of directors (“board”) of each association.
- 1.2 Clarington Recreational Hockey League (“CRHL”) head coaches are not permitted to be head coaches in other leagues.
- 1.3 Coaches may select assistant coaches, trainers, managers in accordance with their association’s draft guidelines however each shall require the necessary OMHA qualifications to hold the position and are subject to approval by the board. Each team shall be required to have at a minimum 2 individual volunteers on their bench staff as follows:

Head Coach
Trainer

- 1.4 Approved volunteers will be responsible to complete the following certification(s) prior to being officially approved and recorded as a member of a team’s coaching staff:

Division	Coaches	Trainers	Managers
U7, U8 and U9	<input type="checkbox"/> Coach 1 – Intro to Coach <input type="checkbox"/> RIS - Activity Leader* <input type="checkbox"/> Gender Identity/Expression Training <input type="checkbox"/> Rowan’s Law Acknowledgement <input type="checkbox"/> Criminal Record Check	<input type="checkbox"/> HTCP Level 1 <input type="checkbox"/> RIS - Activity Leader* <input type="checkbox"/> Gender Identity/Expression Training <input type="checkbox"/> Rowan’s Law Acknowledgement <input type="checkbox"/> Criminal Record Check	<input type="checkbox"/> RIS - Activity Leader* <input type="checkbox"/> Gender Identity/Expression Training <input type="checkbox"/> Rowan’s Law Acknowledgement <input type="checkbox"/> Criminal Record Check
U11, U13, U15 and U18	<input type="checkbox"/> Coach 2 – Coach Level <input type="checkbox"/> RIS - Activity Leader* <input type="checkbox"/> Gender Identity/Expression Training <input type="checkbox"/> Rowan’s Law Acknowledgement <input type="checkbox"/> Criminal Record Check	<input type="checkbox"/> HTCP Level 1 <input type="checkbox"/> RIS - Activity Leader* <input type="checkbox"/> Gender Identity/Expression Training <input type="checkbox"/> Rowan’s Law Acknowledgement <input type="checkbox"/> Criminal Record Check	<input type="checkbox"/> RIS - Activity Leader* <input type="checkbox"/> Gender Identity/Expression Training <input type="checkbox"/> Rowan’s Law Acknowledgement <input type="checkbox"/> Criminal Record Check

*RIS = Respect in Sport – Activity Leader (not Parent program).



- 1.5 Head coaches, trainers and managers will be required to personally register for the appropriate certification or re-certification programs and attend the clinic on the assigned date, time and location. Courses must be completed before December 1st of the current season. Clinics can be found on the OMHA website at www.omha.net.
- 1.6 All bench staff members will be responsible to provide a Durham Region Police Service's *Criminal Information Request Certificate* ("PRC") including a *Vulnerable Sector Search* to the board. Bench staff may obtain a "Volunteer Request Letter" from their association in order to obtain their PRC at the volunteer rate.
- 1.7 Coaches are responsible to submit team information in order to obtain their OMHA roster. Coaches shall provide their players' names and, if applicable, which player(s) are the designated goalie(s), together with the names and dates of birth of all bench staff to their division convenor on or before November 1st of the current year.

2. COACH'S RESPONSIBILITIES (Head Coach/Assistant Coach)

- 2.1 The primary aim of a coach will be the personal development of each player in his/her charge, building character, playing skills and hockey knowledge.
- 2.2 At all times a coach shall set a positive example in all respects (sportsmanship, manners, respect for others, dress, speech and items of department) to players in their charge.
- 2.3 All teams must follow the CHA/OMHA Manual of Operations that is current for the specified year.
- 2.4 The coach must ensure that all bench staff adhere to Rules 2.1, 2.2 and 2.3.
- 2.5 The coach is responsible for player attendance and behaviour problems of players and their parents. The coach has the authority to discipline any players causing problems but they will first consult with their division convenor before action is taken except for discipline during a game, which will be reported to the convenor after the game. The coach shall teach the athletes to uphold not only the rules, but also the spirit of the rules and to respect opponents and officials both in victory and defeat.
- 2.6 The coach shall provide reasonable supervision for the safety of his/her players. At no time shall any players be allowed on the ice surface without coaching staff being on the ice or bench. Two representatives of the coaching or management staff must be in the dressing room anytime a player is in the room. This rule also includes prohibiting a player on the ice if he/she is ill-equipped or equipped with non-approved CSA equipment. Further to this, coaches must remind players and uphold the fact that helmets cannot be removed or unstrapped at any time while on the bench and ice. This includes time when players are exiting the ice surface at the end of a game.



- 2.7 The coach shall ensure that the assistant coach or an approved person is present at all games and/or practices. All on-ice volunteers must either be a rostered member of the coaching staff or, if a parent volunteer, they must register with their association and pay the appropriate insurance fee as set by OMHA to become an on-ice volunteer. All on-ice volunteers must complete the Respect in Sport - Activity Leader course. All on-ice coaching staff and volunteers must wear appropriate equipment (minimum of skates and a properly secured helmet) and shall adhere to section 2.1 and 2.2 above.
- 2.8 No volunteer may be on the bench during game time unless they are a rostered bench staff with an OMHA team during the current season. Without qualifications, volunteers are not covered by OMHA insurance and as such, should not be permitted on the bench in the absence of the team's regular bench staff. On-ice volunteers are not permitted on the bench during games.
- 2.9 The coach is to be responsible for knowing the CRHL and CHA rules. If the coach requires clarification of a rule, they should contact their division convenor.
- 2.10 The coach shall ensure that there is a rostered coach and trainer on the bench for every game. In the absence of the team's bench staff, the coach should contact their division convenor who will assist them in locating a suitable replacement pursuant to rule 2.8 noted above. Alternatively, if a team does not have a trainer in attendance at a game the opposing team's trainer must act on behalf of both teams.
- 2.11 In the CRHL U7, Minor U9, and U9 divisions there are no designated goalies. All players are encouraged and afforded the opportunity to play goal for their team at anytime during the season utilizing the equipment provided by their association. The Hockey Canada electronic registration system is tailored for all minor hockey registration and divisions, and as such, allows users to select goal as a position in U7, Minor U9 and U9. This does not change the fact that there are no designated goalies, as stated above.
- 2.12 The coach is responsible to ensure all players wear equipment that conforms to CHA/OMHA and CSA guidelines and standards including mouth guards and stick. Any changes to equipment that are degrading to the league will be dealt with by the Rules and Discipline Committee.
- 2.13 The coach is responsible to ensure that he/she, or a representative person, is available for the draft of players to be held at the start of the season and to attend coaches' meetings as they may be scheduled through the season.
- 2.14 All bench staff shall walk around the boards before and after a game and shall not go across the ice.



- 2.15 Any member of the team, management or coaching staff under the influence of alcohol and/or illicit drugs is strictly forbidden in any facility where the CRHL conducts its hockey activities.
- 2.16 Wilful damage to CRHL equipment, or any damage to any arena where a CRHL team is playing, could result in immediate suspension from further CRHL activities or games. Details of any incident shall be reported to the Rules and Discipline Committee who will determine the extent of disciplinary action.
- 2.17 Coaches shall refrain from the use of profane, insulting, harassing or otherwise offensive or derogatory language in the conduct of their duties.

3. TRAINER'S RESPONSIBILITIES

- 3.1 Each team must have a certified OMHA trainer on the bench at the beginning of every game.
- 3.2 The trainer is responsible for the well-being of each player and shall have a first aid kit available at all games and practices.
- 3.3 The trainer shall keep a copy of the medical information sheets for all players and team officials.
- 3.4 The trainer shall have the required OMHA insurance report/injury forms and report any such occurrence to their association and convener.
- 3.5 All trainers must have completed the OMHA required trainers certification programs, Respect in Sport – Activity Leader course as well as the Gender Identity & Expression course, Rowan's Law Acknowledgement, and have a valid Police Record Check.

4. MANAGER'S RESPONSIBILITIES

- 4.1 The manager shall prepare and maintain a current team list of players and staff and along with the head coach, provide information to their convenor for rostering purposes as outlined in other sections of this handbook.
- 4.2 The manager shall provide players and team officials with information regarding game and practice times and any changes in same.
- 4.3 The manager shall have game sheets available for games and ensure that all game sheets are filled out accurately and completely.



4.4 All managers must have completed the Respect in Sport – Activity Leader certificate as well as the Gender Identity & Expression course, Rowan’s Law Acknowledgement, and have a valid Police Record Check. Managers are permitted to be on the team bench during games.

5. EQUITABLE ICE TIME

5.1 The coach is responsible to ensure that all players receive equitable ice time in accordance with the rules. A coach must structure and play their team based on the number of players on the bench as set out in Rule 5.4.

5.2 If a coach uses 2 goalies, then one will play the first half and the second will play the second half of the game, unless the goalie is injured.

5.3 Coaches must follow the procedure for equal rotation of players as outlined in the rules. Any violation of the rules will result a review by the Rules and Discipline Committee. Upon a finding of inequitable ice time by a coach or assistant coach the following shall occur:

- a. On the first offense, the coach will receive a warning from the convener.
- b. On the second offense, the coach shall be suspended for one (1) game.
- c. On the third offense, the coach shall be suspended for three (3) games.
- d. On the fourth offense, the coach shall be removed from the bench for the balance of the season, subject to the review of the Rules and Discipline Committee.



5.4 Skaters (Non Goalies) will play as follows:

Number of skaters	Rotation Options
16+ skaters	<ul style="list-style-type: none"> • 3 forward lines + 1 extra forward, rotated sequentially thru all three lines to ensure equitable ice time, and 3 defense pairs (this way forward lines stay intact) OR 3 forward lines and 7 defensemen rotated sequentially to ensure equitable ice time, numbering defense 1,2,3,4,5,6,7
15 skaters	<ul style="list-style-type: none"> • 3 forward lines and 3 defense pairs
14 skaters	<ul style="list-style-type: none"> • 3 forward lines and 5 defense rotated as to receive equitable ice time numbering the defense 1, 2, 3, 4, 5
13 skaters	<ul style="list-style-type: none"> • 3 forward lines and 2 defense pairs
12 skaters	<ul style="list-style-type: none"> • 2 centers, 3 wing pairs and 2 defense pairs OR • 2 forward lines and 3 defense pairs
11 skaters	<ul style="list-style-type: none"> • 2 forward lines + 1 extra forward, rotated sequentially thru both lines to ensure equitable ice time, and 2 defense pairs (this way forward lines stay intact) OR • 2 forward lines and 5 defensemen rotated sequentially to ensure equitable ice time, numbering defense 1,2,3,4,5
10 skaters	<ul style="list-style-type: none"> • 2 forward lines and 2 defense lines
9 skaters or less	<ul style="list-style-type: none"> • Players can be positioned at the coach's discretion prior to game start and rotated sequentially to ensure equitable ice time. OR • Allow a forward to move back to defense during the game if needed.



- 5.5 The coach shall play the same rotation for the entire game except for injury or ejection that requires a reduction of ice time for a player with the highest number of shifts.
- 5.6 In the spirit of sportsmanship, in games where there is a 6-point or more lead, the team in the lead may switch their forward and defence lines to avoid running up the score.

6. GAME SHEETS

- 6.1 A properly filled out game sheet is a requirement for any Local League (LL) game. If a proper LL game sheet is not available, then the details normally recorded on a game sheet may be recorded on a suitable sheet of paper. This information shall be transferred later to a proper game sheet. All coaching staff must sign the game sheet LEGIBLY.
- 6.2 All players names may be placed on the game sheet but any players not in attendance shall be struck from the sheet before the game sheet is signed by the referee.
- 6.3 The **home** team shall complete the game sheet first and provide it to the visiting team at least 15 minutes prior to the scheduled ice time. Game sheets shall be completed in a legible manner, in full and shall be signed by all the team's coach(es) and trainer. At the conclusion of the game each coach shall ensure that they receive an official copy of the game sheet from the timekeeper. The coach shall review the game sheet at the conclusion of the game to note any possible suspensions pursuant to the OMHA Manual of Operations. The coach shall notify a player and their parents about any suspension received and the games for which they are to be served. Within 24-hours, the coach must also notify the division convenor of game suspensions, both with league play and with any outside tournament play.
- 6.4 It is the responsibility of the coach to ensure that a suspended player's name and the number of game suspensions are recorded correctly on the game sheet.
- 6.5 All game sheets from exhibition games must be submitted by the coach to the division convenor and the coach must contact the division convenor within 24 hours to report any suspensions received. A minimum one game suspension will be assessed to the coach if he does not comply with this rule.

7. DEFAULTS AND SUSPENSIONS

- 7.1 A team that cannot ice a minimum of 6 players by 5 minutes after the start time shall default the game. The ice time may be used by the teams at the coaches' discretion, however, if coaches decide to play an exhibition game two league sanctioned referees must be used.



- 7.2 If two official referees do not show up for a scheduled game the game cannot be played and the ice time may alternatively be used for a practice. An appropriately carded official may substitute in the absence of a referee in accordance with the OMHA Manual of Operations.
- 7.3 In the event that referee officials or a timekeeper do not show up for a scheduled game the coach may seek assistance from the CRHL office staff or the division convener. In the event that the CRHL office is closed, a coach may attempt to contact Referee-in-Chief. In the event that the team's goalie is late, absent, ejected or injured and no alternative goalie is available to start or continue the game then that team shall play with 6 skaters on the ice. No player will be given the rights of a goalie to freeze or cover the puck or handle the puck in the crease. In the event that the team with 6 skaters faces a penalty shot award, the shot shall be automatically considered a goal. Alternatively, a player on the bench may replace the late, absent, ejected or injured goalie provided he/she is equipped with full goalie gear in accordance with the OMHA Manual of Operations. The team may play with 6 skaters as noted above while the player is dressing in the goalie gear. Once a player has been substituted as a goalie during that game, he/she may not re-enter the ice as a player if the original goalie is able to return to the game.
- 7.4 If, in advance of a game, a coach knows that they will be without a goalie they may utilize a goalie from another team in the division with the approval of division convenor, the goalie and his coach. When using an alternative goalie, that goalie shall be of equal or lesser rating at the time of the pre-season draft than the team's regular goalie. Before using a goalie of higher rating at the time of the pre-season draft a coach must make a request to their division convenor and be approved prior to game time.
- 7.5 Other than a goalie, no other player may substitute on a team or be called up under any circumstance, without prior board approval.
- 7.6 A U15 or above goalie must have previous goalie experience when registering with the CRHL and entering the draft, unless permitted by the board.
- 7.7 Coaches cannot cancel games due to weather or misfortune without obtaining permission of the convenor.



- 7.8 Affiliated Players (AP) – The OMHA allows Local League and House League teams to use an Affiliated Players list. This list must be submitted and approved by the OMHA before December 1st of each season. The form and procedure can be found on the OMHA.net website.

NOTE: The CRHL will only allow AP goalies to be used for tournaments. AP's will not be allowed for Local League or House League play unless approved by the CRHL board.

8. RULES OF PLAY

- 8.1 Players shall line up at centre ice prior to the start of the game and “bump” gloves with players from the opposing team and bench staff.
- 8.2 All games will commence at the appointed time and the clock will start at the drop of the puck by the referee at the opening face off whether teams are ready or not.
- 8.3 The U7 and Minor U9 divisions will be play modified games according to the OMHA player development guidelines. Major U9 will play modified games until January, when they will move to full-ice games.
- 8.4 In U11, U13, U15 and U18 divisions the teams shall play two periods of 10- minutes stop-time and a third period of 12-minutes stop-time.
- 8.5 In the event that a game is called and is unable to be completed due to injury or misfortune, the game shall be deemed completed and the score stands if it reaches the end of the second period of play. If the game is called prior to this time, the circumstances shall be reviewed and considered by the CRHL Board.
- 8.6 There shall be no overtime or time-outs permitted in regular season or during playoffs. Overtime is only permitted as per the overtime rules in championship games so that a winner can be declared in the total points system. One time-out can be called per team in the final championship game only.
- 8.7 In U11 and above, goalies may be pulled for a skater on a delayed penalty or within the last two minutes of the game. Goalies in Major U18 and below cannot be pulled.
- 8.8 Infractions of the rules contained in the CRHL Coach’s Handbook will require the bench staff member(s) mandatory attendance at a Rules and Discipline Committee meeting or a suspension as set out by the CRHL Rules and Discipline Committee.



- 8.9 Local league teams are not permitted to fundraise for their teams (50/50 draws, sponsors, raffles etc.).
- 8.10 The rules will be in priority CRHL, CHA and then OMHA.
- 8.11 A game may be terminated by the arena staff at the end of the contracted ice time period. The score of the game at that time will be the final score recorded.
- 8.12 No player(s) shall be permitted on the ice until the arena staff has closed the doors following resurfacing. Any player(s) in violation of this rule shall be reported to the Rules and Discipline Committee who may assess penalties.
- 8.13 No referee shall referee a game in which a sibling or their own child is involved whenever possible.

9. TOURNAMENTS

- 9.1 Coaches can locate tournament information on the OMHA website.
- 9.2 Teams are welcome to attend tournaments and will be responsible to complete the tournament entry application, provide approved rosters, OMHA Travel Permits and entry fees on behalf of their team.
- 9.3 Teams may only enter tournaments when they do NOT have a regularly scheduled game on the CRHL schedule. Games will not be rescheduled due to a tournament.
- 9.4 Teams MAY NOT enter a tournament at the conclusion of regular season during playoffs and/or when finals are being played.
- 9.5 If a team is forfeiting a shared ice practice time they should, out of courtesy, notify the coach of the team sharing the ice that day so the coach may amend their practice plan to a full-ice format in the other team's absence.
- 9.6 Upon returning from the tournament, the coach must communicate all tournament results and suspensions to the convenor and provide copies of the game sheets. Non-compliance will result in a minimum 1 game suspension.



10. EXHIBITION GAMES

- 10.1 Teams may utilize their full-ice practice or may secure additional ice time through the municipality for an inter-squad or exhibition game, provided that they have OMHA carded officials and a timekeeper.
- 10.2 Game officials **must be arranged through the Referee in Chief and the Timekeeper Co-ordinator** for any inter-squad or exhibition game.
- 10.3 The cost of the game officials shall be the sole responsibility of the teams involved and not that of the CRHL.
- 10.4 If a team is travelling outside of Clarington to participate in an exhibition game, that team shall obtain an OMHA Travel Permit via the division convenor prior to their attendance at the game. The OMHA (utilizing the Travel Permit method) must be advised of all games played outside the CRHL.
- 10.5 All game sheets from exhibition games must be submitted by the coach to the Division Convenor and the coach must contact the division convenor within 24 hours to report any suspensions received. A minimum one game suspension will be assessed to the coach if he does not comply with this rule.

11. PENALTIES

- 11.1 The coach of any CRHL team that accumulates more than the total number of penalty minutes allowed by the OMHA will be suspended for the next game. NOTE: for the purpose of the regulation the time of misconducts, gross misconducts and game misconducts assessed to players shall not be counted, but any such penalties assessed to team officials and the five minutes charged to a player for a match penalty shall be counted. Any misconduct, game misconduct or gross misconduct penalty assessed to team officials will automatically add ten (10) minutes to the team's penalty minutes in each case.

DIVISION	TOTAL NUMBER OF PENALTY MINUTES PER GAME
U9	26 minutes
U11	26 minutes
U13	26 minutes
U15	36 minutes
U18	36 minutes



- 11.2 All penalties shall be governed by CHA rules with the CRHL augmenting them.
- 11.3 In divisions where the buzzer system is used to ensure equitable ice time, the penalized player must serve the full penalty time assessed in the penalty box even if his rotation has ended. The team will only be short-handed when the penalized player would be on the ice on his/her rotation or if the penalty is long enough any future rotation (ie. A player being a center on a 3-center rotation gets a double minor 1 minute 30 seconds then full side for 2 minutes then short for 30 seconds of the next rotation.)
- 11.4 If a penalty expires while the penalized player's line is on the ice, the player returns to the ice and participates in play.
- 11.5 If the penalized player becomes injured, and unable to take his/her place on the penalty bench, a player who was on the ice at the time of the penalty assessed shall serve the time on the penalty bench as substitute. The person who replaces the substitute on the ice shall be the person who plays the same position on the next line as the substitute. When the penalty expires, if the substitute's line is still on the ice, he/she shall return to the ice. At the next line change, the player who came out to replace the substitute may remain on the ice. The substitute may return to the ice or must proceed to the player's bench upon penalty expiration as per the rules.
- 11.6 Penalty Times if Running Clock Games
 - a. Minor Penalty shall be 2 minutes straight time from the time of puck dropping to the resumption of play.
 - b. Major Penalty (5) minutes shall be 5 minutes straight time from the time of puck dropping to the resumption of play.
- 11.7 Any bench staff or parent who visits the referee's room following a game to argue a referee's decision or enters the referee's room shall receive a minimum three game suspension and may face further disciplinary action by the OMHA and/or the CRHL rules and discipline committee.



12. SUSPENSIONS

- 12.1 All penalties, minor or major, (including hitting from behind) shall be served in the division in which they were assessed. All penalties shall be governed by Hockey Canada. All suspensions shall be governed by the OMHA Manual of Operations. All match penalties shall be governed by the OMHA and the CRHL Rules and Discipline Committee.
- i. In all cases of this rule, default, cancelled, tournament or exhibition games DO NOT count towards suspensions.
 - ii. Failure to comply will result in further disciplinary action to the coach(s) and/or the players involved.
 - iii. If the person suspended as above is also a CRHL referee and/or timekeeper they shall also be suspended from duties until allowed to return as advised by the Rules and Discipline Committee (excluding Match Penalties).
 - iv. Penalties received during tournament or exhibition games shall transfer to and shall be served during league play with the CRHL.
- 12.2 Fighting will NOT be tolerated in any way whatsoever. In the event of such an occurrence suspensions shall be governed by the OMHA Manual of Operations.
- 12.3 Any minor, major or misconduct penalty shall be governed by the OMHA Manual of Operations.
- 12.4 Any fighting or altercations off ice on arena property by coaches, trainers, managers or players could result in a minimum 10 game suspension.
- 12.5 A player receiving a suspension who is unable to serve the completion of the suspension due to the end of the current hockey season shall serve the balance of the suspension in the upcoming season. Suspensions travel from year to year and must be served in its entirety prior to the player being permitted to return to game play.
- 12.6 A suspended player shall be permitted to practice with his/her team during suspension.



- 12.7 Any team official(s) under suspension shall not participate, communicate or associate with the team within the confines of any arena, nor shall he participate in any other OMHA capacity for which he may be eligible during the term of his suspension. Any team official under suspension who is registered to more than one team shall be deemed suspended from all game related duties for any team until the suspension has been served as part of the staff of the team with which the suspension was incurred. The team official's name shall be recorded on the game sheet as suspended until the appropriate number of games have been served.
- 12.8 The CRHL Board reserves the right to take away a child's playing privileges for the hockey season for reasons of gross abuse towards coaches, fans or other players by the player themselves or their parents.
- 12.9 The Rules and Discipline Committee is empowered to take any action they deem necessary above and beyond the specified minimum penalty and/or suspensions set out by the OMHA Manual of Operations for any infraction assessed to any player or team official.
- 12.10 Two (2) body checking penalties in the same game is an automatic ejection from that game. **NOTE:** This is a CRHL rule.

13. PENALTY HISTORY

- 13.1 A record of penalties will be kept on every player and team official by the Rules and Discipline Committee who will act on behalf of the CRHL Board.
- 13.2 The Rules and Discipline Committee shall report to the CRHL Board at each board meeting on the suspensions and other actions the Committee had to take since the last board meeting.
- 13.3 Player expulsions can only be handed out after the CRHL Board concurrence has been obtained.



14. FINAL LEAGUE STANDINGS SHALL BE DETERMINED AS FOLLOWS:

1. The team with the most points;
2. The team with the most wins;
3. Goals for minus goals against (plus – minus record);
4. Most goals.

15. PLAYOFF RULES (Playoff and Championship Series)

15.1 Playoffs will be defined as any scheduled league game that is played after the conclusion of the regular season in each division. To determine which teams will compete for a particular championship a playoff format will determine which teams will advance to the A through F championship as follows:

15.2 Playoff Series

Divisions will be created for playoffs as determined by the board, and the board will also determine the number of games to be played, and will determine which teams advance to the A through F championship series.

In the event there is an odd number of teams in a playoff round, for example, 5 teams in the round, teams finishing in 4th and 5th place will play one semi-final game with OT to determine who will play the 3rd place team in the championship round. In a 7 team division it would be the 6th and 7th team who play a one game semi-final with OT to determine who will play the 5th place team in the championship round.

At the conclusion of playoffs, in the event that there is a tie between two teams, the following criteria will be used to determine how teams will advance in the championship rounds:

1. The team with the most wins;
2. The team winning the head-to-head game in the playoff;
3. The team with the best goals 'For' minus goals 'Against' (plus-minus record);
4. The team with the most goals;
5. The team with best regular season standings;
6. Coin toss.



In the event that there are 3 or more teams tied in the standings at the conclusion of the Playoff the following criteria will be used:

1. The team with the most wins;
2. The team winning the Head to Head game in the Playoff;
3. The team with the best goals 'For' minus goals 'Against' (plus-minus record);
4. The team with the most goals;
5. The team with the best regular season standings;
6. Coin toss.

15.3 Championship Series

After the playoff, teams will be divided into their championship division (A, B, C, or D, etc.) and will play a two game final series for the division championship. The winner will be determined based on total points after the 2 games (2 pts. for a win, 1pt for a tie, 0 pts for a loss). If the teams are tied for points after regulation play in the second game, a six-minute stop-time sudden victory period will be played.

Rules and line changes are unchanged from regulation time. Teams can pull their goalie for an extra attacker on a delayed penalty or in the last two minutes of the game. (Goalies in Major U9 and below, as always, cannot be pulled for any reason.)

One time-out per team can be called in the final championship game only.

If, after the six minute OT period is played and teams are still tied, the following will be used to break the tie:

- Two minutes will be placed on the clock and teams will play 3-on-3 with goalies.
- No skater changes or pulling the goalie is allowed during the two minute OT periods.
- If teams are still tied after the two minute OT period, another two minutes will be placed on the clock and teams will again play 3 on 3 with goalies.
- Teams will continue to play 3-on-3 for two minute shifts until the tie is broken.

During the 6-minute OT period line rotations will continue per league rules.



During the two minute OT period player rotations are reset and are at the coaches discretion, however all players on the game sheet must be used once during the two minute overtime periods prior to a coach using a player twice. No player can be used for 2 shifts in a row during the two minute OT periods.

The two minute overtime periods will be stop time.

A maximum of ten (10) 2 minute overtime periods will be played and if the teams are still tied, then they will go to a shootout format as follows –

- 3 shooters in the first round
- If still tied, 1 shooter in the next round, and so on

NOTE: All players on a team must shoot once before any player gets to shoot a second (or more) time.

On 2 goalie teams, goalies will change as close to 3 minutes into the first overtime as possible. Goalies will alternate each two minute shift during the two minute overtime.

Note: OT is an extension of the current game. Any penalty time outstanding at the end of regulation time will carry forward into OT. Any penalty time in the 1st OT period will carry forward into the two minute OT periods and the penalized team would be forced to play short handed accordingly. (see below)

If a penalty is called during any of the two minute OT periods the clock will stop and an extra player will be added to the non-offending team. EG 4 on 3.

Any player suspended will not be allowed to return for OT.



16. GAME PROTESTS TO RULES & DISCIPLINE

- 16.1 A game may be protested by delivering a written protest signed by a coach or manager to the CRHL or the Rules and Discipline Chair within 48 hours from the end of the game.
- 16.2 All protests must be accompanied by a cheque bearing the current date, made payable to the Clarington Recreational Hockey League in the amount of \$50.00. If the protest is upheld, the money shall be returned. If the protest is denied, the money shall be forfeited.
- 16.3 A protest shall not be entertained regarding a referee's "on ice" decision involving rules of play. A protest shall be factual and involve some irregularity in the game or in these rules.
- 16.4 The teams involved shall be advised as soon as possible of the protest and the time and place for the hearing before the Rules and Discipline Committee. A quorum shall be two thirds of the Rules and Discipline Committee and decisions will be determined by a simple majority. In the case of a tie, the Chairperson at the hearing will cast the deciding vote.
- 16.5 The decision of the Rules and Discipline Committee may be appealed in writing and delivered to the CRHL within 48 hours of the Rules and Discipline Committee Decision. Protest appeals will be accompanied by a cheque in the amount of \$50.00 made payable to the Clarington Recreational Hockey League which will be refunded if the appeal is successful.

17. APPEALS TO EXECUTIVE

- 17.1 Decisions of the Rules and Discipline Committee can be appealed to the CRHL Board.
- 17.2 Appeals must be in writing signed by a team official and delivered to the CRHL within 48 hours of the Rules and Discipline Committee decision.
- 17.3 Except for game protest appeals covered by Rule 16 all appeals must be accompanied by a cheque bearing the current date made payable to the Clarington Recreational Hockey League in the sum of \$10.00. If the appeal is upheld, the money will be returned. If the appeal is denied, the money shall be forfeited.
- 17.4 The decision of the CRHL is final and binding on all parties.